

Summit County Nutrition Group

The Summit County Nutrition Group will meet on Tuesday, Sept. 9 from 6:30-7:30 p.m. to discuss eating on the go. The meeting will be held at the FIRC office, 251 W. Fourth St., Silverthorne. This meeting is free and open to the public, for more information contact Matt at (970) 389-1275, or matthewm@summitfirc.org.

COMMUNITY NOTES

CASA — flex learning volunteer training

When a child is abused or neglected, a judge appoints a trained volunteer to listen to the child, report the child's wishes, and make recommendations to the court. This person is called a Court-Appointed Special Advocate, or a CASA volunteer. CASA of the Continental Divide's trained volunteers serve children in the 5th Judicial District of Colorado (Clear Creek, Eagle, Lake, and Summit counties) and commit to finding them safe and permanent homes as soon as possible. To learn more about becoming a CASA in your county, call (970) 513-9390 or go to www.MtnCASA.org.

Wildfire and property insurance issues town hall meeting

The Summit Association of Realtors will host a free lunch and joint town hall discussion with State Representative Millie Hamner (HD-61) and Summit

County Commissioner Dan Gibbs. The event will take place on Friday, Sept. 12 from Noon to 2 p.m. at the Frisco Day Lodge tubing hill. This community discussion will focus on issues related to homeowner difficulties with maintain-

ing or obtaining property insurance in Summit County due to perceived wildfire risk. The group will also discuss defensible space mitigation and confusion amongst homeowners as to the conflicting differences

between what local fire departments and insurance companies consider defensible space. Participants include: Bobbie Baca with the Colorado Division of Insurance, insurance companies, local fire departments and you. Bring your insurance issues to share.

FIRC: Parenting of Teens class

Sign up today for the Active Parenting of Teens class offered Mondays Oct. 6 to Nov. 17 from 5:30-8 p.m. This six-session class will give strategies to improve communication with your teen and more. Cost is \$48 per person includes all six sessions, dinner and course materials. Space is limited, to sign up contact Natalia at FIRC at (970) 455-0228. For more information visit SummitFIRC.org.

SBDC Open House

The Northwest Colorado Small Business Development Center is hosting an Open House at their main location at the Dillon campus of Colorado Mountain College on Sept. 17, from 3:30-5:30 p.m. The SBDC, in conjunction with CMC, works with small business owners from across the region to help

their businesses to grow and thrive. You're invited to join the Open House celebration and learn more about what's going on in your community. Bring your questions, bring a guest, just come on over and get to know the team at the Northwest Colorado Small Business Development Center. For more information and to RSVP, please visit <http://sbdccopenhouse.splashthat.com/>.

Summit huts needs volunteers

Summit Huts Association is looking for volunteers to help get the cabins ready for winter. Volunteers are needed at Janet's Cabin Sept. 12, 13 and 14 and at Section House and Ken's Cabin on Oct. 4. Volunteer days include hard physical labor, including loading and unloading helicopter cargo nets, wood splitting and stacking, maintenance projects and cleaning. Janet's Cabin volunteers must be prepared to hike or bike to the cabin and are welcome to spend Friday and/or Saturday nights at the cabin, dinner and breakfast will be provided. For each day worked, volunteers earn a free night in the hutmasters quarters. Spaces is limited on all volunteer days and you must reserve your space in advance. Please visit www.summithuts.org or email summithuts@colorado.net to sign up or for more information.

Advocates volunteer training

Become a volunteer for Advocates for Victims of Assault. Sept. 15 through Oct. 15, Mondays and Wednesdays 5:30 - 8:30 p.m. Call Tracie at (970) 668-3906 for information. www.summitadvocates.org.

best of the season
3 course menu for \$30

sampling of menu
colorado beet salad
olathe corn soup
chambord chocolate mousse
colorado lamb shank
wagyu beef flank steak
organic salmon
boulder natural chicken

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8pm

\$4 New Belgium Pints
\$5 Jack Daniels Tall
9pm-Midnight

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Films for Adventure Enthusiasts

at The Riverwalk Center

3 P.M. FRIDAY 9/19 MCCONKEY

6 P.M. FRIDAY 9/19 2ND ANNUAL ADVENTURE REEL

Seven adrenaline-pumping and inspiring films about the glaciers of Uganda; biking, hiking and floating in Carbondale; mountain biking with man's best friend; kayaking in the Mexican rainforest; skateboarding and a first ascent of Venezuela's Mount Roraima

Sponsored by Whole Foods Market

6 P.M. SATURDAY 9/20 HIGHER & MOMENTA

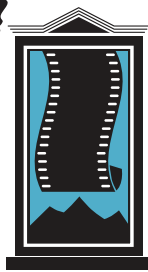
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