

CASA flex learning volunteer training

When a child is abused or neglected, a judge appoints a trained volunteer to listen to the child, report the child's wishes, and make recommendations to the court. This person is called a Court-Appointed Special Advocate, or a CASA volunteer. CASA of the Continental Divide's trained volunteers serve children in the 5th Judicial District of Colorado (Clear Creek, Eagle, Lake, and Summit counties) and commit to finding them safe and permanent homes as soon as possible. To learn more about becoming a CASA in your county, call (970) 513-9390 or go to www.MtnCASA.org.

SBDC Open House

The Northwest Colorado Small Business Development Center is hosting an Open House at their main location at the Dillon campus of Colorado Mountain College on Sept. 17, from 3:30-5:30 p.m. The SBDC, in conjunction with CMC, works with small business owners from across the region to help their businesses to grow and thrive. You're invited to join the Open House celebration and learn more about what's going on in your community. Bring your questions, bring a guest, just come on over and get to know the team at the Northwest Colorado Small Business Development Center. For more information and to RSVP, please visit <http://sbdccopenhouse.splashthat.com/>.

FIRC offering Parenting of Teens class

Sign up today for the Active Parenting of Teens class offered Mondays, Oct. 6 to Nov. 17, from 5:30-8 p.m. This six-session class

will give strategies to improve communication with your teen and more. Cost is \$48 per person and includes all six sessions, dinner and course materials. Space is limited, to sign up contact Natalia at FIRC at (970) 455-0228. For more information visit SummitFIRC.org.

Elementary Dialogue Over Dinner

New this year for parents of children in elementary school is Elementary Dialogue Over Dinner on Wednesday, Sept. 17 at 5:30 p.m. at Upper Blue Elementary. The evening is offered the third Wednesday of the month and connects experts and parents on a variety of topics. This month covers the topic of Literacy and Reading Skills. The evening is free and includes dinner and childcare. For more information visit SummitFIRC.org

Chief Operating Officers Breakfast

The much anticipated Chief Operating Officers Breakfast, presented by the Summit Chamber, will be held Oct. 9 from 8-10:30 a.m., at the Copper Mountain Conference Center. This extremely popular event marks the "Unofficial Opening" of the 2014-15 ski season with reports from each of five ski area COO's about summer advances and winter plans. This breakfast is open to anyone who has an interest in the upcoming outlook for our ski season — with special reports about advance lodging and visitor forecasts from Ralf Garrison, principal of DestiMetrics. This action-packed morning is a must for skiers, riders, and businesses throughout the county. For more information about this event go to SummitChamber.org. Tickets go quickly, so get yours today.

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Welcome

Gretchen Broecker, MS, RD, CDE
 Registered Dietitian & Diabetes Educator



High Country
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High Country Healthcare is now offering weight management and weight loss services (one-on-one counseling and group classes) as well as enhanced diabetes management with Gretchen Broecker, a registered dietitian and certified diabetes educator. Ms. Broecker brings over 15 years of experience counseling individuals on sound nutrition practices, diabetes management, insulin pump training and weight control. We are thrilled to have Ms. Broecker join our team of health care specialists!

For an appointment with Ms. Broecker or more information on any of her programs and services, call High Country Healthcare Frisco 970.668.5584.

Monday night football tonight!

2 for 1 DINNER ENTREES

Starting at 5pm. Restrictions Apply.
 Must present ad before ordering. Exp. 9/15/2014



Happy Hour
 3:30-6:30 & 9pm - Close | Mon-Fri

\$6 All Apps
 \$2.75 PBR | \$2.75 Bud Pint
 \$2.75 Domestic Bottles \$3 Well
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FREE Community Children's Program

Opening Night Film **'It's Not You, It's Me'**
 with visiting director & actors

Closing Night film **'Una Vida'**
 with visiting actress **AUNJANUE ELLIS**
 (Known for her work in "The Help")

Feature Film **'LIFE ITSELF'**
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