

Revolutionizing *the way we eat*

Special TO THE WEEKENDER

Food Patriots is a sincere, compelling and funny documentary about one family's struggle with a foodborne illness and their attempt to change the way they eat.

After son Sam gets antibiotic-resistant campylobacter from a chicken Caesar salad, parents Jennifer and Jeff Spitz begin to research ways to create a healthier and more sustainable food system for their family. Their greater goal? Perhaps impacting the country at large.

What follows is an amusing journey of failed attempts at gardening and illegal backyard chicken farming, conversations with urban farmers about food deserts and inspiring stories about healthy eating from neighborhoods, suburbs, colleges, companies and even sports teams.

The focus is on the Spitz family, but the larger issue is paramount: health and environmental concerns

of the American food system, the average citizen's role in it and changes that can be made for the better.

Jeff Spitz is a humorous veteran documentary filmmaker. Those with any interest in the status of the American diet and improvements toward a healthier and happier nutrition system will find this film worth the view.

Learn more about this and other films online at www.breckfilmfest.com. Do you want to sponsor this film at the annual Breckenridge Film Festival? Email info@breckfilmfest.com for information. The Breckenridge Film Festival will bring more than 50 independent films, their filmmakers and festivalgoers to Breckenridge from Sept. 18-21. Featuring chances to meet filmmakers, panel discussions, plenty of parties and mingling, and — back this year — the Adventure Reel for young and young-at-heart audiences.



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The film 'Food Patriots' focuses on the Spitz family, as well as larger issues such as health and environmental concerns of the American food system.



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The film 'Food Patriots' follows a family's attempt to revolutionize the way they eat, including raising their own chickens. The film will be shown at the Breckenridge Film Festival in September.

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